



June 2018

St. Mary's Court Program Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FATHER TRIVIA He's father of our country He's father of medicine He's father of history He's <i>Father Knows Best</i> <i>Answers at end of month</i>					1 11:30 Exercise w/ Darnell national caregivers month	2 <i>June is:</i> <i>1st Day of Summer</i> <i>Caregivers' Month</i> <i>Alzheimer's & Brain Awareness Month</i> <i>Men's Health Month</i> <i>National Safety Month</i>
3 3:00 Bethesda Chamber Singers Concert 4:30 Rummikub 7:30 Movie	4 10:30 Drawing for trips 2:00 Fire Safety Presentation by DC Fire Department	5 11:30 Exercise w/ Walter 2:00 Cards & Stamps Store 3:00 Food Committee Mtg. 7:00 Glee Club & Guitar	6 10:30 Outing to Brookside Gardens and Lunch @ Tastee Diner	7 10:30 Shopping @ Giant Silver Spring, MD 7:00 Evening of the Arts	8 11:00 Food Stamps Assistance 11:30 Exercise w/ Darnell	9 9:30-11:00 Parents' Day Breakfast
10 4:30 Rummikub 7:30 Movie	11 11:00 Yoga w/ Don resumes 2:30 Resident-Management Forum	12 11:30 Exercise w/ Walter 2:00 Cards & Stamps Store 7:00 Glee Club & Guitar	13 11:00 Yoga w/ Don 3:00 Episcopal Eucharist w/ Fr. Bernard	14 FLAG DAY 10:00 5 th floor inspection 11:00 Shopping @ Safeway 3:30 Catholic Mass w/ Fr. Tom	15 11:30 Exercise w/ Darnell 7:30 Ageless Films	16
17 FATHER'S DAY 4:30 Rummikub 7:30 Movie	18 10:30 Lunch @ Mike's on South River 11:00 Yoga w/ Don	19 JUNETEENTH 11:30 Exercise w/ Walter 2:00 Cards & Stamps Store 7:00 Glee Club & Guitar	20 11:00 Yoga w/ Don	21 SUMMER BEGINS 10:30 Shopping @ Amish Market 	22 11:30 Exercise w/ Darnell	23
24 4:30 Rummikub 7:30 Movie	25 11:00 Yoga w/ Don	26 11:30 Exercise w/ Walter 2:00 Cards & Stamps Store 6:30 Ice Cream Social 7:00 Glee Club & Guitar	27 11:00 Yoga w/ Don 3:00 Recycling Presentation by DC Office on Waste	28 FULL MOON 11:00 Shopping @ Safeway 1:00 Blood Pressure Clinic w/ RN 2:00 Episcopal Service w/ Rev. Elizabeth 2:30 Refreshments & Poetry	29 11:30 Exercise w/ Darnell 	30 TRIVIA ANSWERS: <i>George Washington</i> <i>Hippocrates</i> <i>Herodotus</i> <i>Robert Young</i>

DRAWING FOR TRIPS BEGINS AT 10:30am on MONDAY, JUNE 4 with SIGN-UP AT 11:00am