

January 2018

St. Mary's Court Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 7:30 Movie	1 New Year's Day Full Moon No lunch program 3-5 New Year's Day Dinner	2 11:30 Exercise w/ Walter 1:00 Sign-up for trips 2:00 Cards & Stamps Store 7:00 Glee Club & Guitar	3 Who said: <i>"Perhaps I'm a bear, or some hibernating animal underneath, for the instinct to be half asleep all winter is so strong in me."</i> See January 26	4 3:00 Resident-Management Forum	5 JANUARY IS: <i>Nat'l Soup Month</i> <i>Hot Tea Month</i> <i>Get Organized Month</i> <i>Fiber Focus Month</i> <i>Hobby Month</i>	6 
7 7:30 Movie	8 10:30 Trip to Shoppers 3:00 Food Committee Mtg.	9 11:30 Exercise w/ Walter 1:00 Blood Pressure Clinic 2:00 Cards & Stamps Store 7:00 Glee Club & Guitar	10 3:00 Communion Service w/ Fr. Bernard 6:30 Knit/Crochet Club	11 11:00 Shopping @ Safeway 3:30 Catholic Mass w/ Fr. Tom	12 11:00 Food Stamp Assistance	13 
14 2:00 Project Rousseau 7:30 Movie	15 Martin Luther King, Jr. Day Holiday No lunch program 3-5 Dinner served 7:30 Movie	16 11:30 Exercise w/ Walter 1:00 Blood Pressure Clinic 7:00 Glee Club & Guitar	17 10:30 Trip to the Museum of the Bible	18 10:30 Trip to Amish Market	19 7:30 Ageless Film	20 11-1 ISCOPEs Event
21 2:00 Project Rousseau 7:30 Movie	22 10:30 Trip to Walmart 11:00 Yoga w/ Don 6:30 Women's Group	23 National Pie Day 11:30 Exercise w/ Walter 1:00 Blood Pressure Clinic 7:00 Glee Club & Guitar	24 11:00 Yoga w/ Don	25 11:00 Shopping @ Safeway 1:00 Blood Pressure Clinic 2:00 Episcopal Service w/ Rev. Elizabeth 2:30 Refreshments & Poetry	26 Author of quotation: <i>Anne Morrow Lindbergh</i>	27 10-1 Apartment Clean-Up Day
28 10:00 GW Students-Errands 2:00 Project Rousseau 7:30 Movie	29 10:30 Trip to Hair Cuttery 11:00 Yoga w/ Don	30 11:30 Exercise w/ Walter 1:00 Blood Pressure Clinic 7:00 Glee Club & Guitar	31 Full Moon 11:00 Yoga w/ Don 2:00 Afternoon Tea			

**TUESDAY, JANUARY 2, 2018 ---In the Downstairs Recreation Area
 Drawing letters between 1:00 – 1:30pm --- Sign-up for trips and events begins at 1:30pm**