

January 2019

St. Mary's Court Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	JANUARY IS: <i>Nat'l Soup Month</i> <i>Hot Tea Month</i> <i>Get Organized Month</i> <i>Fiber Focus Month</i> <i>Hobby Month</i>	1 New Year's Day No lunch program 3-5 New Year's Day Dinner 2:00 GWU Girls' Basketball @ Smith Center 7:00 Glee Club & Guitar	2 1:00 Drawing for trips sign-up	3 	4 11:30 Exercise w/ Walter 12:30 Harriett Jachles' Lunchtime Piano	5 2:00 GWU Girls' Basketball Smith Center 
6 4:30 Rummikub	7 11:00 Yoga w/ Don	8 11:30 Exercise w/ Walter 3:00 Food Committee Mtg. 7:00 Glee Club & Guitar	9 11:00 Yoga w/ Don 3:00 Episcopal Service w/ Fr. Bernard	10 11:00 Shopping @ Giant	11 11:00 Food Stamp Assistance 11:30 Exercise w/ Walter	12 
13 4:30 Rummikub	14 11:00 Yoga w/ Don 10:30 Shopping @ Potomac Yard	15 11:30 Exercise w/ Walter 7:00 Glee Club & Guitar	16 11:00 Yoga w/ Don	17 10:30 Trip to Amish Market 3:30 Catholic Mass w/ Fr. Tom	18 11:30 Exercise w/ Walter	19 
20 4:30 Rummikub	21 Martin Luther King, Jr. Day Holiday Full Moon No lunch program 11:00 Yoga w/ Don 3-5 Dinner served	22 10:30 Lunch @ Daddy Grace 11:30 Exercise w/ Walter 7:00 Glee Club & Guitar	23 National Pie Day 11:00 Yoga w/ Don 	24 11:00 Shopping @ Safeway	25 11:30 Exercise w/ Walter 12:30 Harriett Jachles' Lunchtime Piano	26 11-12:30 ISCOPEs 10-1 Apartment Clean-Up Day
27 10:00 GWU Student Errands return 4:30 Rummikub	28 11:00 Yoga w/ Don 2:00 Arts @ Crafts w/ Joan	29 11:30 Exercise w/ Walter 7:00 Glee Club & Guitar	30 11:00 Yoga w/ Don 2:00 Tea Tasting & Cream Tea	31 2:00 Episcopal Service w/ Rev. Elizabeth 2:30 Refreshments & Poetry w/ Joy		

WEDNESDAY, JANUARY 2, 2019 ---In the Downstairs Recreation Area
Drawing letters between 1:00 – 1:30pm --- Sign-up for trips and events begins at 1:30pm