

MARCH 2019

St. Mary's Court Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH IS: <i>Technology Month</i> <i>National Women's History Month</i> <i>Cherry Blossom Festival</i> <i>March 20-April 14</i>					1 11:30 Exercise w/ Walter	2 11-12:30 ISCOPEs Event 6:30 Bingo w/ ESA
3 10:00 GW Students- Errands for Residents 4:30 Rummikub	4 11:00 Yoga w/ Don 2:00 Arts & Crafts w/ Joan	5 10:00 ESL w/ José 11:30 Exercise w/ Walter 1:00 Sign-Up for Trips 4:30-6:30 Mardi Gras Dinner 7:00 Guitar & Glee Club	6 Ash Wednesday 11:00 Yoga w/ Don 11:00 Computer/IT Help 1:30 "Getting Your Papers in Order" w/ Legal Counsel for Elderly 3:00 Imposition of Ashes	7 11:00 Shopping @ Giant 11:00 Tai Chi Class 3:00 Food Committee 5:30 Cabaret w/Daisy Holtz 7:00 Tai Chi Class	8 11:00 Food Stamps Asst. 11:30 Exercise w/ Walter	9 
10 Daylight Saving Time  4:30 Rummikub 7:30 Movie	11 11:00 Yoga w/ Don 	12 10:00 ESL w/ José 11:30 Exercise w/ Walter 7:00 Guitar & Glee Club	13 11:00 Yoga w/ Don 11:00 Computer/IT Help 3:00 Episcopal Service w/ Fr. Bernard	14 10:30 Trip to Amish Market 11:00 Tai Chi Class 3:30 Catholic Mass w/ Fr. Tom 7:00 Tai Chi Class	15 11:30 Exercise w/ Walter 4:30-6:30 Irish Dinner 7:30 Ageless Films	16 
17 St. Patrick's Day 4:30 Rummikub 7:30 Movie	18 10:30 Trip to Walmart 11:00 Yoga w/ Don 2:00 Arts & Crafts w/ Joan	19 10:00 ESL w/ José 11:30 Exercise w/ Walter 7:00 Guitar & Glee Club	20 Spring Begins/Full Moon Purim Begins 11:00 Yoga w/ Don 11:00 Computer/IT Help	21 11:00 Shopping @ Safeway 11:00 Tai Chi Class 3:00 Presentation on Elder Abuse/Fraud 7:00 Tai Chi Class	22 11:30 Exercise w/ Walter 	23 10-1 Apartment Clean-Up Day <i>Happy 40th anniversary to St. Mary's Court which opened March 23, 1979.</i>
24 10:00 GW Students-Errands 4:30 Rummikub 7:30 Movie ----- 31 10:00 GW Students-Errands 4:30 Rummikub 7:30 Movie	25 11:00 Yoga w/ Don 3:00 Resident/Management Forum 7:00 Senior Prom w/ Sigma Kappa	26 10:00 ESL w/ José 11:30 Exercise w/ Walter 7:00 Guitar & Glee Club	27 10:30 Cherry Blossom Ride & Lunch 11:00 Yoga w/ Don 11:00 Computer/IT Help	28 10:00 8th floor Inspections 11:00 Tai Chi Class 2:00 Episcopal Service w/ Rev Elizabeth 2:30 Reception & Poetry Circle 7:00 Tai Chi Class	29 11:30 Exercise w/ Walter	30 11-12:30 ISCOPEs Event

Lottery drawing will be **DOWNSTAIRS** from **1:00-1:30pm** on **TUESDAY, MARCH 5**. Sign-up begins at **1:30pm**.